

The Dorn Method

Spinal & Joint Therapy for Acupuncturists and Chinese Medicine Practitioners



A two-day Certification Course

Wellington, New Zealand

Saturday 27th & Sunday 28th June 2015

Presented by

Jason Mallia

Master Instructor of the Dorn Method

Brought to you by



For Registration go to:

www.qiology.com.au/latest-seminar.php

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What is the Dorn Method?

The Dorn Method is a *non-manipulative, holistic manual therapy*, created by **Dieter Dorn (1938-2011)** that facilitates the realignment of the spine and peripheral joints, to bring the overall structure and function of the body back to a state of dynamic balance.

The Dorn Method uses a specific diagnostic protocol to determine where the spine, joints and structures are out of alignment, and then balances these misalignments using *safe, gentle and effective* techniques.

One major advantage, and point of difference to The Dorn Method as opposed to manipulative therapies,

is that it does *not involve high velocity low amplitude thrusting, or cracking*. The technique instead uses a combination of pressure, mobilisation, and movement to facilitate realignment in a gentle fashion. Another advantage of The Dorn Method is that the patient is not completely passive during the course of treatment, and plays an active role in the realignment. Furthermore, the patient is then provided with a set of realignment exercises, tailored to their imbalance, that they may practice daily to facilitate their recovery process, and provide general maintenance to the structural alignment of their body.

“This seminar is a call to the East Asian Medicine profession in New Zealand to move toward wholeness in their practice. Bone-Setting was traditionally considered an essential component of East Asian Medicine, to balance the structure of the body, hence facilitating the correct flow of energies within and around the body. However, due to restrictions, certain structural balancing techniques have been restricted to other professions due to their high-risk nature. The Dorn Method, however, provides the East Asian Medicine Practitioner with a skillset of safe, gentle, and effective non-manipulative techniques to facilitate the Structural Balancing of their clients. This should be considered a vital component for those wanting to heal their clients on many levels.”

Peter Scarselletti

B. App. Sci (TCM) | Director of Qiology

The “Missing Link” for Acupuncturists/Chinese Medicine Practitioners

In June 2015, Qiology has invited Dorn Method Master Trainer, *Jason Mallia* to conduct the first official certification training in **The Dorn Method** for Practitioners of East Asian Medicine in New Zealand.

This is a vital opportunity for those in the field of East Asian Medicine in New Zealand, to strive towards wholeness in their practice by integrating a “Structural Balancing” component into their clinical repertoire.

The Dorn Method characteristics:

A complete healing method because it incorporates three important factors:

Avoidance | Therapy | Self-Help

A practitioner who uses the Dorn Method, guides clients towards a solution for their disharmony by:

Explaining the causes of the problem.

Applying a safe therapy, with, and not on, the client.

Teaching self-help exercises for long lasting results.



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www.facebook.com/Qiology

Dieter Dorn 1938-2011



Born in Southern Germany in 1938, Dieter Dorn, was a Sawmill owner whom after suffering a back injury whilst lifting a heavy log, sought the help of an old man whom was known as a "Healer" in Dorn's hometown. Dorn was completely relieved of his injury by this "Healer" with a series of swift and simple movements. Upon experiencing such fast and effective relief, Dieter Dorn pleaded with the old man to teach him this effective system of healing.

The old man simply replied: "You already know it!"

A short time after this event, the old "Healer" passed away without actively passing on his legacy. Dieter Dorn was his last patient.

In the ensuing years, Dorn used his innate knowledge to heal close family members, and assisted by close consultation with Dr. Thomas Hansen M.D, and the study of acupuncture meridian theory, formulated a structured system of healing that is known and taught as The Dorn Method, now practiced by thousands of people worldwide, including doctors, physiotherapists, massage therapists, naturopaths, chiropractors, osteopaths and acupuncturists.



Jason Mallia

Ph.D (Nut) N.D. (Aus), I.M.D. (USA), D.Sc(AM)
B.HSc (C.Med) (USA), Adv. Dip Acup D.B. Med,
Adv Dip Hom, Dip SIT

Master Practitioner and Instructor of the Dorn Method-(Germ)

Sydney based Integrative Natural Medicine Practitioner and Second generation Dorn Method Practitioner and Master Instructor; Jason Mallia came across the Dorn Method whilst studying Chiropractic. Upon observing the fast, and effective results gained through the gentle, non-manipulative techniques of the Dorn Method, Jason decided to dedicate himself to the Dorn Method in favour of Chiropractic. From there he furthered his studies under Thomas Zudrell (who studied under Dieter Dorn and his student Hildegard Steinhäuser), to become one of Australia's leading Dorn Method Master Trainers. Jason, amongst his many other qualifications, is an acupuncturist, and believes that the Dorn Method is a powerful complement to any acupuncturist's clinical repertoire. Jason's passion and dedication to Integrative Natural Health is demonstrated in his energetic and meticulous teaching style.

Which practitioners will benefit from studying The Dorn Method?

Practitioners wishing to dramatically increase the effectiveness of their clinical results in musculoskeletal conditions.

Practitioners who are aware of their weakness in not having a Structural Alignment Component in their practice.

Practitioners who wish to retain clients whom they would usually refer to osteopaths, chiropractors or physiotherapists.

Practitioners who are wanting to connect with how the alignment of the spine and other body structures plays a powerful role in healing.

Practitioners wishing to strive toward wholeness in their practice.

Regardless of which style or system of body-mind therapy you practice, you will benefit by integrating The Dorn Method into your clinical repertoire.

The Dorn Method may be practiced as a complete system, or as a complement to your current treatments.

The course will include detailed instruction on:

- Revisiting Basic Anatomy and Physiology that relates to The Dorn Method.
- Theoretical principles of The Dorn Method.
- Assessment and diagnosis of Structural Imbalances (Misalignments in Spine, Pelvis and Joints).
- Safe application of the gentle manual therapy principles of The Dorn Method to realign Spine, Pelvis and Joints.
- Safe application of the Dorn method Self-Help Exercises.
- Theory and safe application of the Breuss Massage: Spinal Harmonisation and Spinal Stretching Massage.
- The practical application of the Dorn Method and Acupuncture in clinical combination.

For those who complete the Certification in The Dorn Method: Spinal & Joint Therapy for Acupuncturists and Chinese Medicine Practitioners, an opportunity exists for further study in the advanced concepts and techniques of the Dorn Method.

Seminar Bookings/Fees:

The Dorn Method: Spinal & Joint Therapy for Acupuncturists and Chinese Medicine Practitioners

14 CPE Points | Approved by NZRA for CPD Points/Scope of Practice

Saturday 27th and Sunday 28th June 2015

9am-5pm (Arrive early on first day)

Practitioners | AUD \$600 (GST free) Students | AUD \$540 (GST free)

Split payment Plans are available after an AUD\$100 GST Free booking deposit, only for people who book for this seminar prior to 1st May 2015.

Payment Instalments for Split Payment Plan due, strictly, on 15th May 2015, and 15th June 2015.

Practitioners AUD\$100 (GST free) deposit, followed by two deposits of AUD\$250 (GST free)

Students AUD\$100 (GST free) deposit, followed by two deposits of AUD\$220 (GST free)

Payment schedule must be arranged with Qiology as soon as initial deposit has been placed. Please call or email to arrange. Cheque/Bank Transfer/Credit Card Payments available.

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For registration, booking deposits, or full payments, contact Qiology, or please go to our secure and confidential online payment platform:

Practitioner Registrations: www.qiology.com.au/registration.php
Student Registrations: www.qiology.com.au/student.php

Places are limited. Please book early to secure your place. Morning and Afternoon Tea provided.

Venue: **New Zealand School of Acupuncture and Traditional Chinese Medicine.** Room 1, Level 10, Willbank House, 57 Willis Street, Wellington CBD.

Cancellation/Refund Policy:

- Cancellations made within 14 days prior to event are non-refundable
- Cancellations made before the abovementioned deadline are refundable, less a 15% administration fee.
- Cancellations made within 1 week of initial booking, greater than 30 days prior to event are entitled to a full refund, less transaction fees.
- In the event of non-attendance for a course paid in full, no refund will be given.